

Side Effects of Contraception

Side Effects of the Oral Birth Control Pill

Breast and uterine cancer

Depression, Nausea

Headaches and Migraines

Decreased sexual desire

99.7 percent effective if used perfectly. This means that less than 1 out of 100 women would become pregnant in 1 year.

No protection against STDs



Side effects of the Contraceptive Injection

Breast cancer, cervical cancer, endometrial cancer, ovarian cancer, uterine cancer, vaginal bleeding, vaginal cancer

Loss of bone mineral density.

Each injection is more than 99.5% effective at preventing pregnancy and lasts for 12 -14 weeks.

No protection against HIV and other STDs.



Side effects of Contraceptive Implant:

Circulatory diseases, high cholesterol, protein deficiency, kidney disease, stroke, blood clots, heart diseases, female cancers.

More than 99% effective.

No protection against STDs.



Side Effects of the IUD

Excessive bleeding.

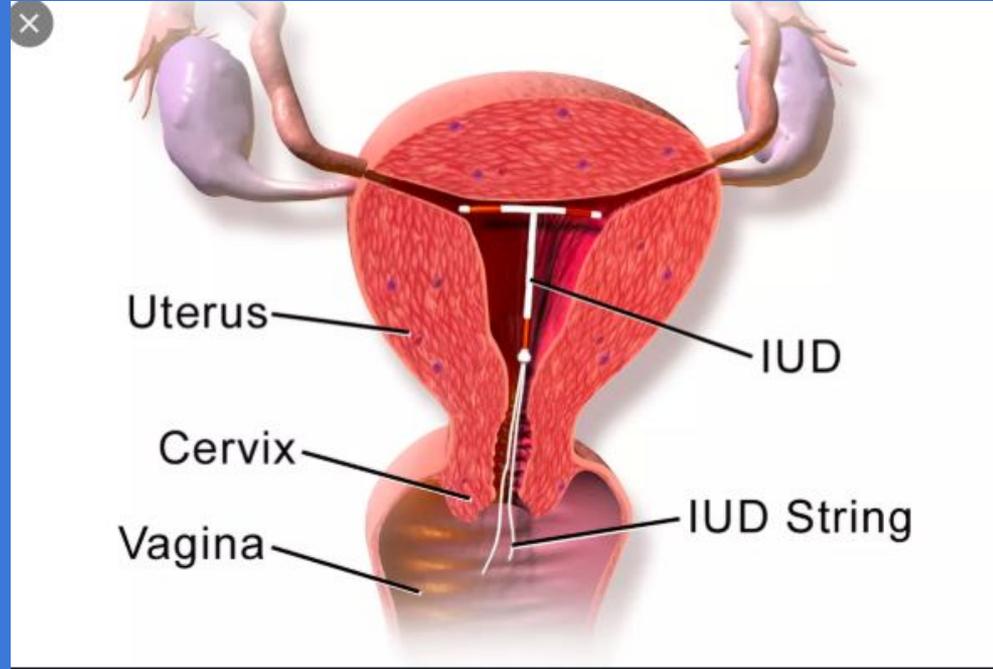
IUD can pierce uterus and travel to other parts of the body.

Scarring buildup on sides of uterus.

If IUD contains hormones, can cause depression, headaches, cancer, circulatory disease .

99% effective. This means that less than 1 in 100 women will get pregnant in a year.

No protection against STDs.



Side effects of Contraceptive Patch:

Breast or Uterine Cancer,
Blood clots , Diabetes,
Liver disease, Heart attack, Stroke

60% more estrogen than pill.

About 9 out of 100 patch users
get pregnant each year.

No protection against STDs.



Side Effects of Diaphragm

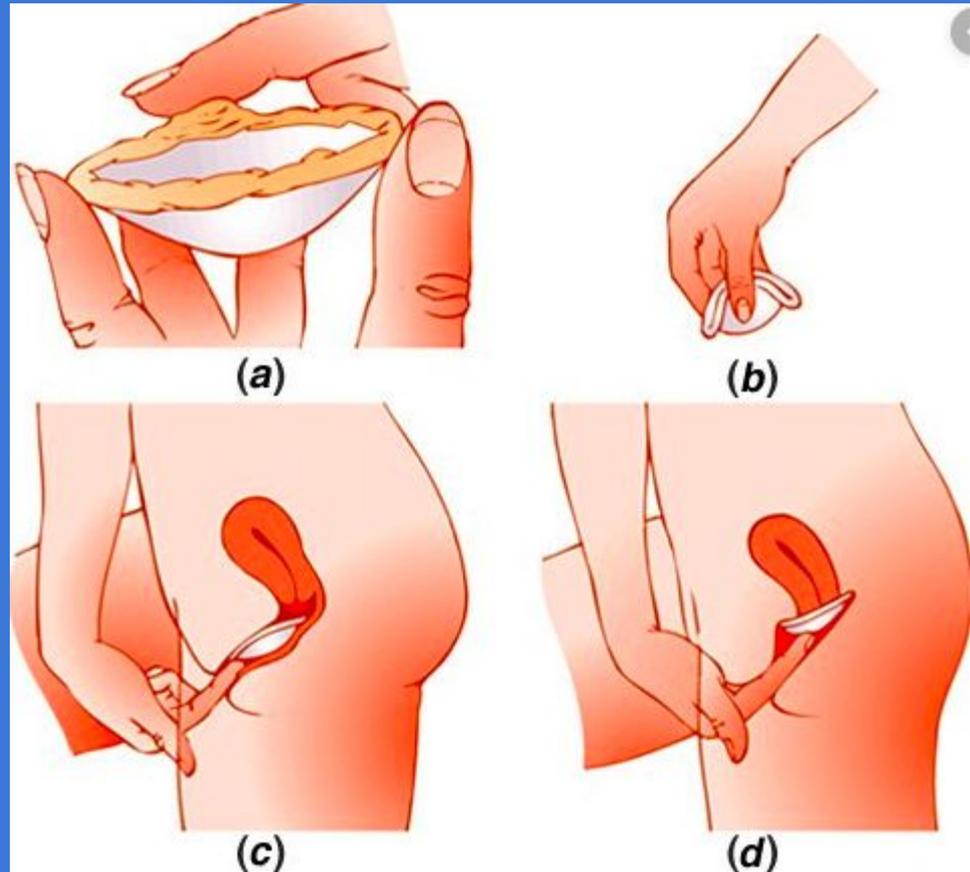
Urinary tract infection

Genital irritation

Interruption of spontaneity.

92 % effective in preventing pregnancy

No protection against STDs.



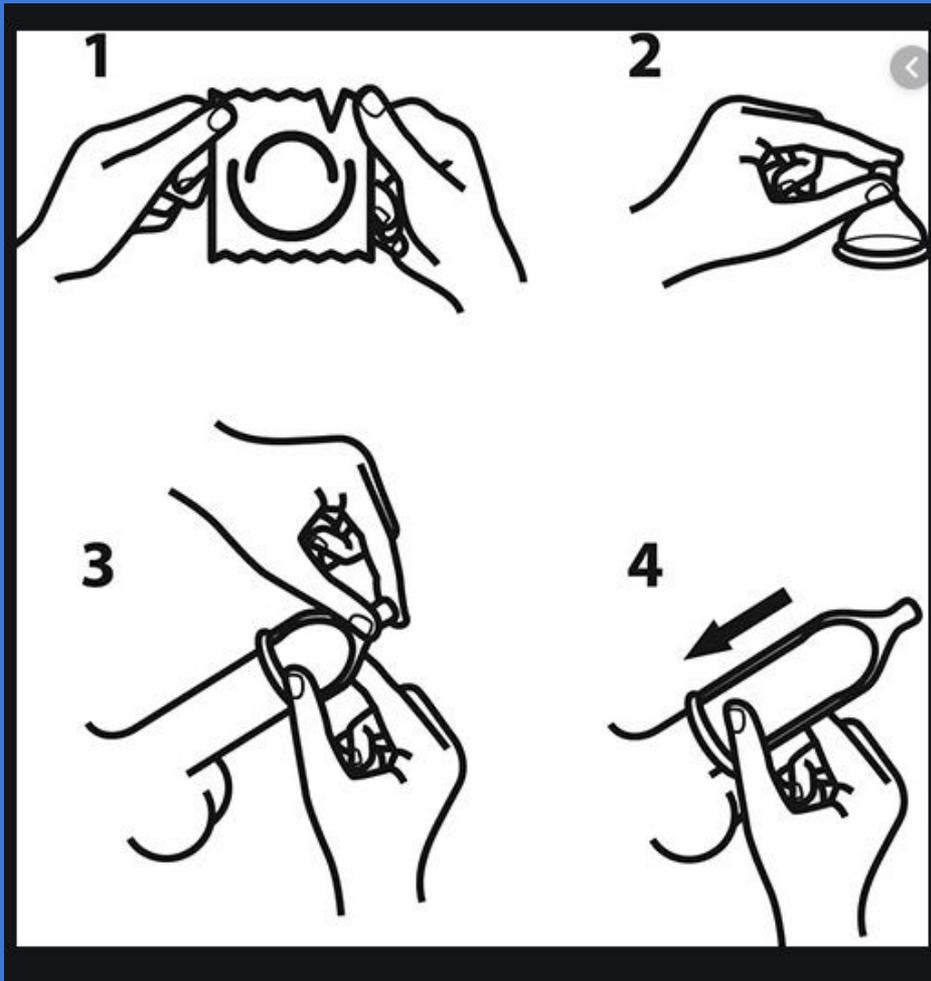
Side effects of Condoms

Latex sensitivity

Breaking or Leaking

85% effective in preventing pregnancy

95% effective in preventing spread of HIV.



Side Effects of Vasectomy

Sometimes chronic scrotal pain.

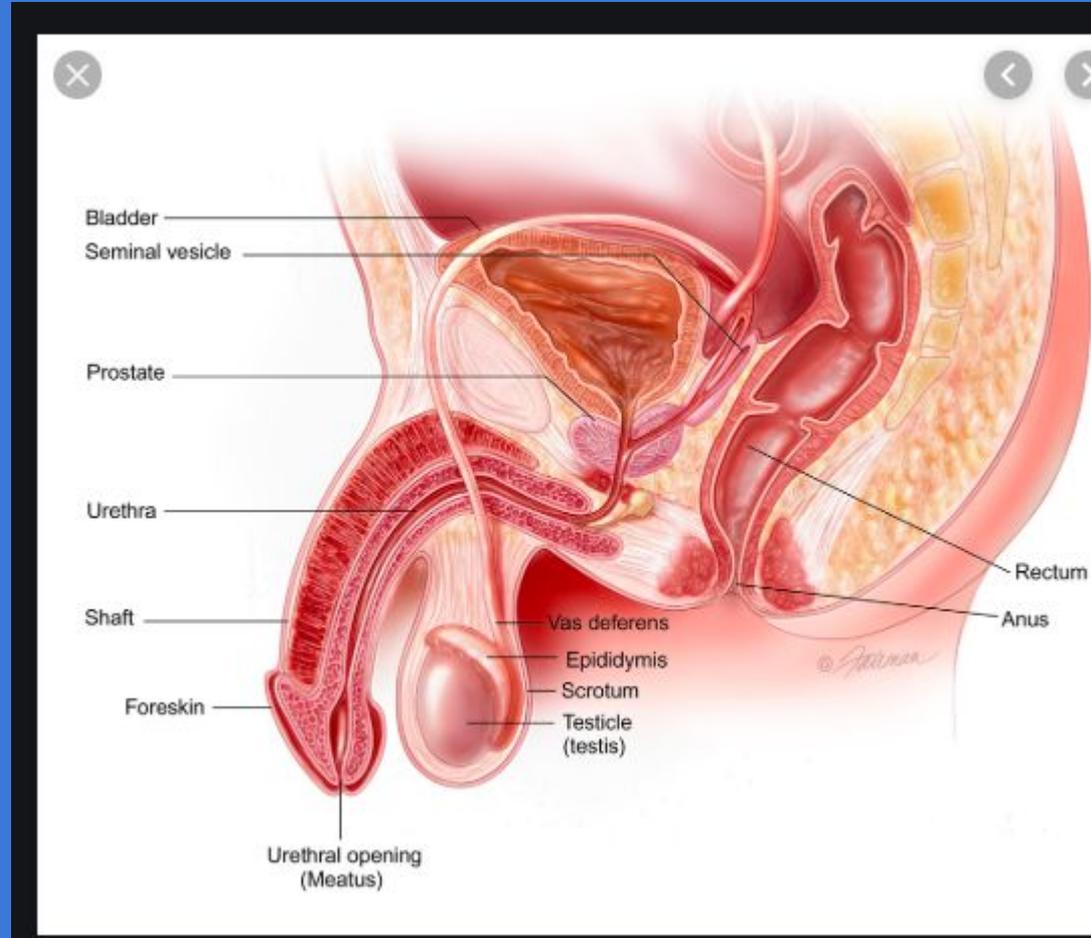
Inflammation of the epididymitis.

Blood in urine or ejaculate. (Seek medical help.)

Surgical site infection after procedure.

Failure to avoid pregnancy: In rare cases, the vas deferens that were cut can grow back together over time. (The man is again fertile.)

No protection against STDs.



Negative Results of Tubal Ligation (female sterilization.)

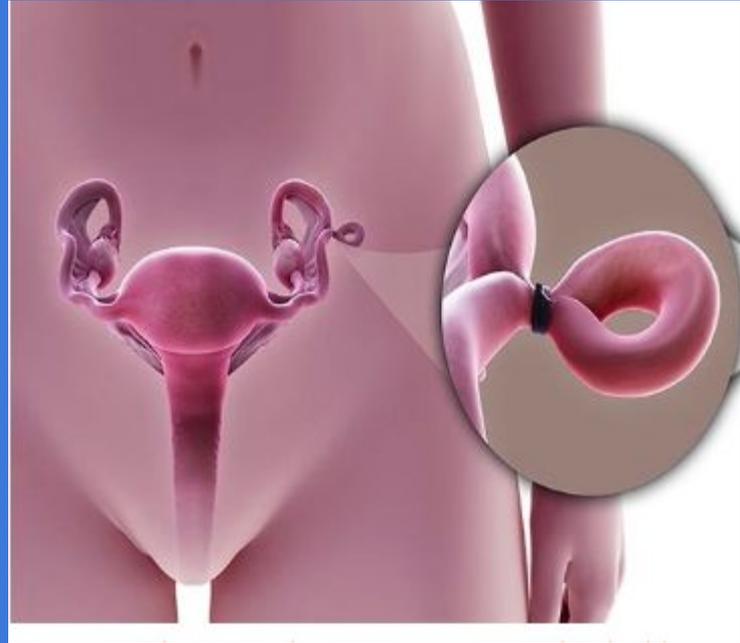
Failure to avoid pregnancy.

Pregnancy rates after sterilization vary, documented as low as 7.5 per 1000 procedures to as high as 36.5 per 1000 procedures.

Ectopic Pregnancy: approximately one third of pregnancies that occur after a tubal ligation will be ectopic pregnancies. Ectopic pregnancy is life-threatening to the mother, and the baby cannot survive.

Damage to the bowel, bladder or major blood vessels.
Continued pelvic or abdominal pain.

No protection against STDs.

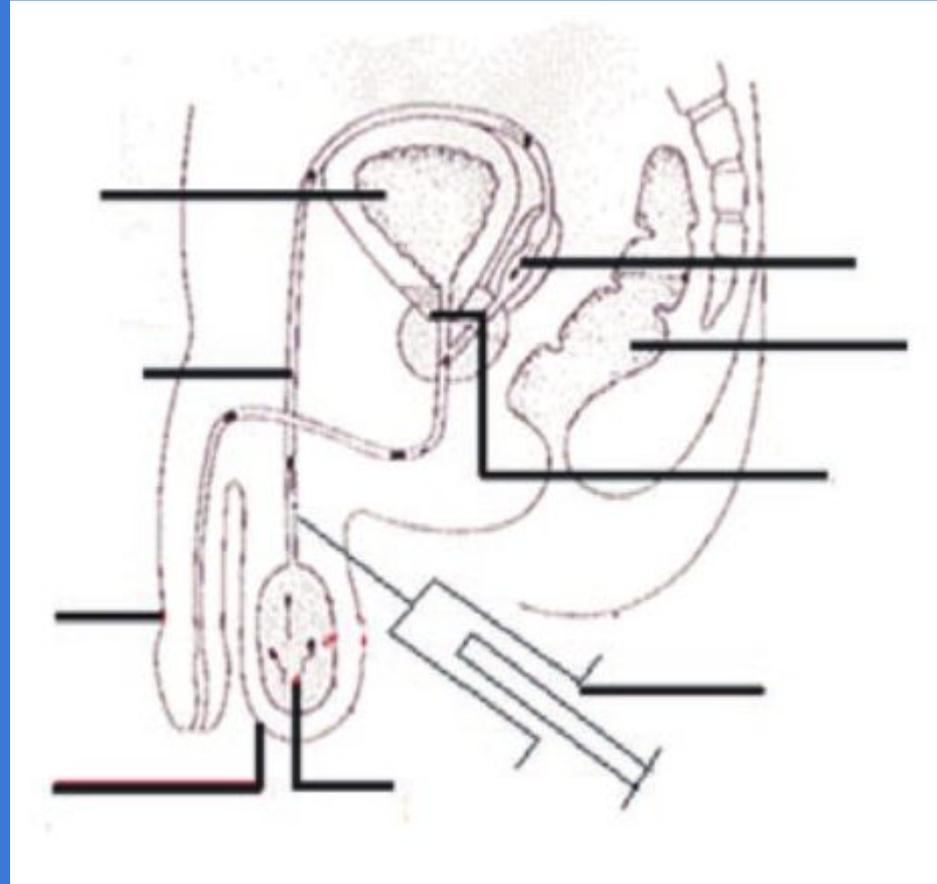


First Male Contraceptive Injection

The Indian Council of Medical Research has successfully completed a clinical trial on an injectable male contraceptive.

The birth control method, which lasts approximately 13 years, involves injecting a polymer into the vas deferens, blocking sperm from leaving the testicles.

The product is ready pending regulatory approvals [from the government],
No protection from STDs



Sexually Transmitted Diseases:

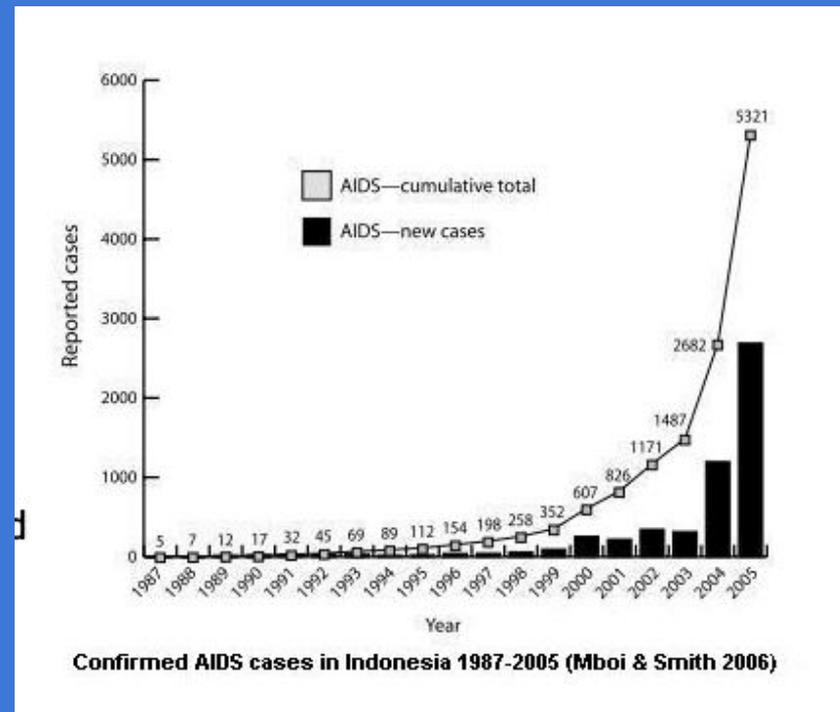
Infections transmitted through sexual contact, caused by bacteria, viruses or parasites

HIV and AIDS

HIV is a virus that attacks cells that fight infection in the body, making a person more vulnerable to other infections and diseases. If left untreated, HIV can lead to the disease AIDS (*acquired immunodeficiency syndrome*).

AIDS is the late stage of HIV infection that occurs when the body's immune system is badly damaged because of the virus.

By taking HIV medicine (called antiretroviral therapy or ART), people with HIV can live long and healthy lives and prevent transferring HIV to their sexual partners.



Increase of AIDS in Indonesia

Human Papilloma Virus, (HPV)

One strain of HPV causes warts in various parts of the body.

Another strain causes a precancerous cervix and is a common cause of cervical cancer.

With a healthy, monogamous lifestyle, the immune system can overcome the HPV virus in 1 - 2 years.



Healthy
Cervix



HPV infected cervix

Genital herpes

A sexually transmitted viral infection marked by painful, small blisters that pop and leave sores that ooze or bleed.

Your clinic can provide antiviral medicine. These pills can help you feel better and shorten an outbreak.

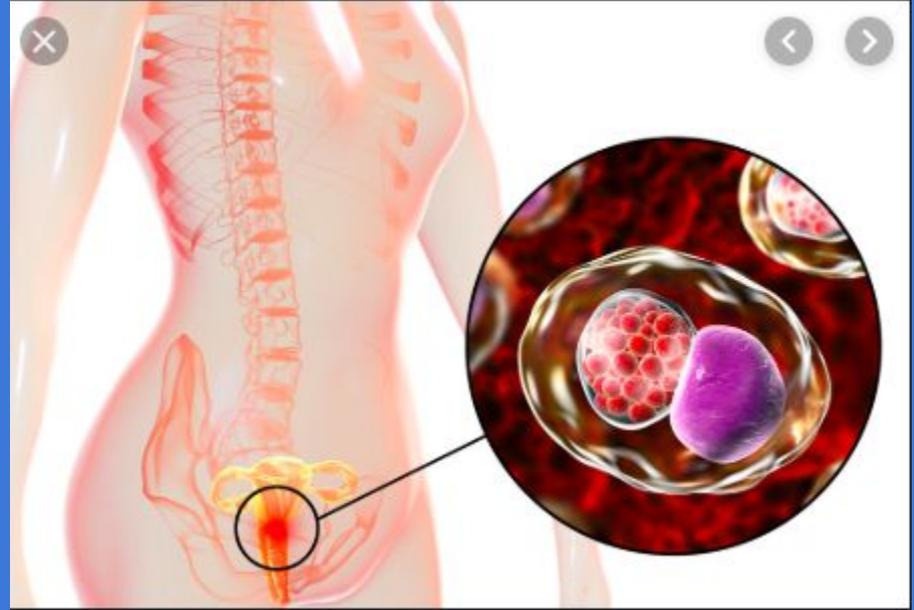
Do not kiss or have genital contact until you see your health provider, to avoid passing herpes to another person.



Chlamydia

A bacterial sexually transmitted infection. Sometimes no symptoms. Men may have discharge from the penis, pain during urination, and swollen testicles. Women may have abnormal vaginal discharge with odor, bleeding between periods, painful periods, abdominal pain with fever, pain during intercourse, itching or burning in or around the vagina, or pain when urinating.

If untreated, infection may enter the fallopian tubes or vas deferens, causing inflammation and blockage leading to infertility. Treatment: antibiotics.



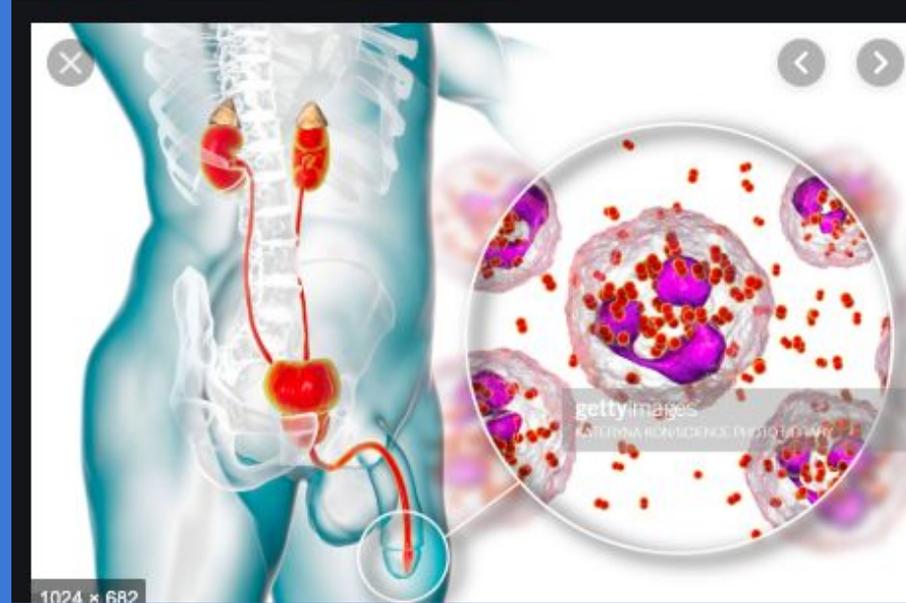
Gonorrhoea

A sexually transmitted bacterial infection that, if untreated, may cause infertility.

Symptoms - men: Painful urination, Pus-like discharge from the tip of the penis, Pain or swelling in one testicle.

Symptoms - women: Increased vaginal discharge with odor, painful urination, vaginal bleeding between periods, such as after vaginal intercourse; abdominal or pelvic pain. If pregnant, baby can be infected during birth. Baby's eyes must be treated to avoid blindness.

Treatment: antibiotics



Syphilis: A bacterial sexually transmitted disease:

Stage 1) One or more syphilis sores (called a chancre) Chancres are usually firm, and painless, or sometimes open and wet.

Stage 2) General feeling of illness.

3) Stage 3) Tumors, blindness, and paralysis. Can damage nervous system, brain and other organs.

Possibly fatal.

Cured easily in early stages with antibiotics.



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<http://www.knowyourfertility.net/>

